

UW-Colleges PSY 309 Abnormal Psychology
(UWSP – PSYC 351)
UW-Stevens Point at Wausau Campus
Spring Semester 2019

Credits: 3

Who is the instructor: Dr. Jeffrey C. Amundson

How can I contact:

Office phone: 715.261.6341

Email: Jeffrey.amundson@uwc.edu

Where are Office hours: Rm 334

When are office Hours: By appointment; MF = 12 p.m. – 3 p.m.; TTH = 8 a.m. – 12 p.m.

Meeting Times and Place: MWF = 11:00 a.m. to 11:50 a.m. in Room 241

Required Text and Software

Weiten, W. (2013). *Psychology: Themes and variations Briefer Version* (10 th edition). Belmont, CA: Thomson/Wadsworth.

What will this course cover? Research-based study of classification, causes/origins (etiology), and treatment of major psychological disorders including anxiety and mood disorders; schizophrenia; personality disorders, childhood problems, sexual dysfunctions, and neurological disorders.

Behavioral Expectations:

- 1.) Bring materials to class. Be prepared.
- 2.) Be on time and leave on time (don't pack early; physically or psychologically).
- 3.) Be willing to experience new things.
- 4.) Agree to disagree
- 5.) Hold yourself accountable in a positive manner.
- 6.) Respect your colleagues by not talking or sleeping in class when the instructor or a colleague is speaking.
- 7.) Laptops cannot be used for taking notes. Research indicates laptops lower grades and distract other students in class (Barak et al., 2006; Fried, 2008; Maxwell, 2007; Mazzie, 2008; Sana et. al, 2013).
- 8.) Please turn off cellphones, etc. Don't ever text in class. If you need to answer a call please leave the classroom. Please limit necessary phone calls to reasonable serious personal issues and emergencies. If the call is expected please give the instructor reasonable notice.
- 9.) You may eat or drink as needed unless it becomes a distraction. Then it will not be allowed.
- 10.) Emails are to be courteous and professional. Rude, demanding, and "last minute" emails will not receive a reply.

YOU deserve success.

YOU are responsible for your success.

Daily Schedule

- 1.) Check-in and Agenda
- 2.) Small Group Activity
- 3.) Large Group Activity
- 4.) Learning Lab Time (any remaining time or last day for chapter)

Learning Requirements	Points
<u>Selected Response Tests</u>	
Quests 11 @15 points each	165
Cumulative Final	80
TOTAL	245
<u>Assignments and Exercises</u> (Criterion based)	
Reading Guides (13 x 2 points) + 4 bonus	30
Case Studies (7@ 10 points each)	70
Service Learning Project	50
Total Points	150
GRAND TOTAL	395

Assessments: Selected Response Tests: Learners will take Quests (a short single unit test, shorter than a typical test and more than a quiz = Quest), during the course. Quests will occur at the start and end of each chapter. You will take the Quests during class. You will be asked to reflect on your Quest by discussing your answers in your small group. The next class period you will take a similar Quest as a group and the two scores will be averaged for one score.

Purpose: These summative assessments are meant to enhance knowledge and understanding of course content.

Course Competency(s):

- Apply psychological perspectives
- Apply principles of learning
- Characterize biological, hereditary, and environmental influences on behavior
- Appraise interaction between social influences and individual behavior
- Evaluate the impact of states of consciousness on behavior
- Differentiate among psychological disorders and related treatment approaches

Cumulative Final: During the final exam period, you will have the opportunity to complete a CUMULATIVE final exam consisting of multiple choice answer questions that assess your knowledge gained from the entire course.

NOTE: THE SAME RULES REGARDING USE OF EXTERNAL RESOURCES AND PURPOSE OF ASSESSMENT THAT APPLY TO QUESTS ALSO APPLY TO THE FINAL.

Purpose: The purpose of this assessment is to enhance retention of the concepts and skills gained in the course (Khanna, Brack, & Finken, 2013; Szpunar, McDermott, & Roediger, 2007).

Course Competency(s):

- Apply psychological perspectives
- Apply principles of learning
- Characterize biological, hereditary, and environmental influences on behavior
- Appraise interaction between social influences and individual behavior
- Evaluate the impact of states of consciousness on behavior
- Differentiate among psychological disorders and related treatment approaches

Attendance Assignment (Reading Guides): You will be given reading guides for each chapter. These reading guides will be collected at the beginning of each class period that starts a new chapter. For example, at the start of the second week of class we will begin covering consciousness. The day of class we start the chapter is when the reading guide is due. The exact due date will be announced in class. Attend each class. If you must miss a class, communication with the professor is needed. Make arrangements with a peer to obtain class notes from the day missed. Learners who are absent find that they do not get as much out of the course as other students.

Purpose: The purpose of this assignment is to make your reading more purposeful and to have you prepared to discuss the topic covered.

Course Competency(s):

- Apply psychological perspectives
- Apply principles of learning
- Characterize biological, hereditary, and environmental influences on behavior
- Appraise interaction between social influences and individual behavior
- Evaluate the impact of states of consciousness on behavior
- Differentiate among psychological disorders and related treatment approaches

Service Learning: Mental Health Awareness Project: You will have the opportunity to create your own product (e.g., a brochure or presentation or poster) that helps raise awareness of mental health.

Purpose: The purpose of the opportunity is to increase awareness of mental health within the larger campus and surrounding communities.

Course Competency(s):

- Apply psychological perspectives
- Characterize biological, hereditary, and environmental influences on behavior
- Appraise interaction between social influences and individual behavior
- Specify coping strategies for stress
- Evaluate the impact of states of consciousness on behavior
- Differentiate among psychological disorders and related treatment approaches

Grading Scale

A	94-100%	A-	90-93.9%			
B+	87-89.9%	B	83-86.9%	B-	80-82.9%	
C+	77-79.9%	C	73-76.9%	C-	70-72.9%	
D+	67-69.9%	D	63-66.9%	D-	60-62.9%	F <60%

Late or Missed Exam or Paper Policy: All exams and assignments are to be completed at the stated times at the beginning of class or before. This includes participants in sporting events, music groups, theater productions, and other extracurricular activities. If there are unusually exceptional circumstances that prevent you from doing so at the scheduled time, you must obtain permission from me in advance to make other arrangements or have written documentation for the missing the exam or assignment. This also includes an email notice that you will be missing class. If you did not get permission please do not ask to turn in the assignment late. NO LATE ASSIGNMENTS WILL BE ACCEPTED. You are responsible for getting the assignment to me on time via email or dropbox. You will be allowed to turn in assignments early.

Academic Involvement: Your attendance and active involvement are expected, desired, and highly encouraged. In the exceptional case in which a student's attendance and/or participation seem to be significantly interfering with his or her performance with the class, I reserve the right to contact the student individually. Of course, you are responsible for the material whether you are present in class or not. You are expected to be ready for class on time and to wait until class is over to pack up to leave. CESA learners this means you are in the classroom by the second bell and are not packing early in anticipation of the bell.

Attendance Policies: Attendance is exceptionally important to student success in a course. Students are expected to attend all class meetings for which they are registered. It is expected that you notify the instructor directly and obtain advanced permission to miss class for a legitimate reason (i.e., athletic event, class field trip, performance, etc.). If you miss class without legitimate notification/approval, you may lose points for an assignment, quiz, or exam for that day. If you encounter an acute illness or personal emergency that requires you to be absent for two or more consecutive classes, you should notify me immediately by email or have your parent or guardian contact me by email. Issues with attendance may affect your financial aid and/or eligibility to participate in co-curricular activities (i.e., athletics). You are allowed two mental health days for the semester. These are days for you to get extra rest or catch up on work. If you take a mental health day it is still expected that you send an email notifying me.

Campus Email Policy: All email correspondence to your instructors MUST be sent through your official campus email account. For safety against computer viruses and to remove SPAM email messages, your instructor may delete without reading any email originating outside our campus email system. If you use any other email account to contact your instructor – you MUST ASSUME that the message WILL NOT be read. Learners are encouraged to read their campus email regularly.

Americans with Disabilities Act (ADA) Statement: If you have a documented learning, psychological, or physical disability you may be entitled to reasonable academic accommodations or services from the university, as stipulated within Section 504 of the Rehabilitation Act of 1976 and the Americans with Disabilities Act. Students needing accommodations should provide early notice to staff in the campus Student Affairs Office because of the time required for arranging accommodations. All students are expected to fulfill essential course requirements. For more information about UWSP's policies, visit: <http://www.uwsp.edu/stuaffairs/Documents/RightsRespons/ADA/rightsADAPolicyinfo.pdf>. If you have a disability and require classroom and/or exam accommodations, please register with the Disability and Assistive Technology Center and then contact me at the beginning of the course. I am happy to help in any way that I can. For more information, please visit the Success Center. You can also find more information here: <http://www4.uwsp.edu/special/disability/>. NO ACCOMODATIONS WILL BE GRANTED UNLESS DOCUMENTED.

Religious Accommodation: A student with a conflict between an academic requirement and a religious observance will be given an alternative means of meeting the academic requirement. However, the student must notify the instructor of the specific dates within the first two weeks of class. The instructor may set a reasonable limit on the number of days.

Academic Dishonesty Policy: Students at UWSP are expected to maintain the highest standards of academic honesty (go to: <http://www.uwc.edu/students/handbook-policies>). Academic dishonesty comes in a variety of forms. The most common forms are plagiarism, fabrication, abuse of internet resources, cheating, and academic misconduct. This includes ideas taken from sources without documentation and blatant copying from sources. Specifically, academic misconduct is an act in which a student: (a) seeks to claim credit for the work or efforts of another without authorization or citation; (b) uses unauthorized materials or fabricated data in any academic exercise; (c) forges or falsifies academic documents or records; (d) intentionally impedes or damages the academic work of others; (e) engages in conduct aimed at making false representation of a student's academic performance; or (f) assists other students in any of these acts. The above acts are subject to disciplinary action. If you are found to have committed academic dishonesty the necessary disciplinary steps will be taken potentially including expulsion from the institution. Please consult with me if you have questions regarding that which constitutes academic dishonesty. For more information, see the UWSP "Student Academic Standards and Disciplinary Procedures" section of the Rights and Responsibilities document, Chapter 14, which can be accessed here: <http://www.uwsp.edu/stuaffairs/Documents/RightsRespons/SRR-2010/rightsChap14.pdf>

Sexual Assault and Harassment: Respect for human dignity is essential to an appropriate university environment. Thus, sexual harassment of students and employees is impermissible and unprofessional conduct and will not be tolerated. Conduct determined to fall within the definition of sexual harassment will be subject to disciplinary action in accordance with applicable due process requirements, including, but not limited to, reprimand, temporary suspension, expulsion, or discharge of the harassing individual. Further information may be found at <https://www.uwsp.edu/dos/Pages/Emergency-Resources.aspx>

Class Cancellations: Inclement Weather Policy: Class will be held except in the case of extreme weather. The instructor and university will notify students of cancellations via your UWSP email account. Use your own judgment and always remember your safety comes first.

Counseling Services: College life is all about new experiences: A new environment, new classes, new friends and new challenges. It is a time of great excitement, but it can also be a time of great stress. Mental Health Counselors are available for counseling appointments. The Counseling Center is located on the 3rd Floor of Delzell Hall, 910 Fremont St. Stevens Point WI, 54481. The office is open from 8:00am to 4:30pm, Monday through Friday at 715-346-3553. After Hours Phone Numbers in an Emergency:

- 1.800.273.825 (National Suicide Help Line)

Disputes

Please consult with me as soon as possible if you have any questions or concerns about your progress in this course. Students are expected to know their current grade for the course. This requires checking the grade book on D2L weekly. Any disputes about grades for work must be submitted by email to Jeffrey.amundson@uwc.edu within one week of the posting of the grade.

Changes may be made to this syllabus at my discretion; you will be informed of any changes promptly.

Date	Topic	What to read before next class?	Assignment Start and Due
Week 1 - 3: Forming a Common Understanding of Atypical Behavior	Introductions & Expectations What is Abnormal? Abnormal and the Law Models of Abnormality	Chapter 1 Chapter 17 Chapter 2	See D2L calendar
Week 4 - 6: What Does Fear Tell Us?	Anxiety and Obsessive-Compulsive and Related Disorders Trauma and Stressor Related Disorders	Chapter 5 Chapter 6	See D2L calendar
Week 7 - 10: What Do Altered Emotional States Tell Us?	Depressive and Bipolar Disorders Suicide Substance Use and Addictive Disorders	Chapter 8 Chapter 9 Chapter 11	See D2L calendar
Week 11 - 14: What Happens During Our Development?	Disorders of Childhood and Adolescence Eating Disorders Schizophrenia Spectrum Disorders Neurocognitive and Sleep-Wake Disorders	Chapter 16 Chapter 10 Chapter 12 Chapter 13	See D2L calendar
Week 15: How is Mental Health Assessed and Studied?	Assessment and Classification of Mental Disorders Research Methods for Studying Mental Disorders	Chapter 3 Chapter 4	See D2L calendar
MAY 15, 2016		LAST DAY OF CLASS	All Second Quests Completed
FINAL		WHEN?????????	